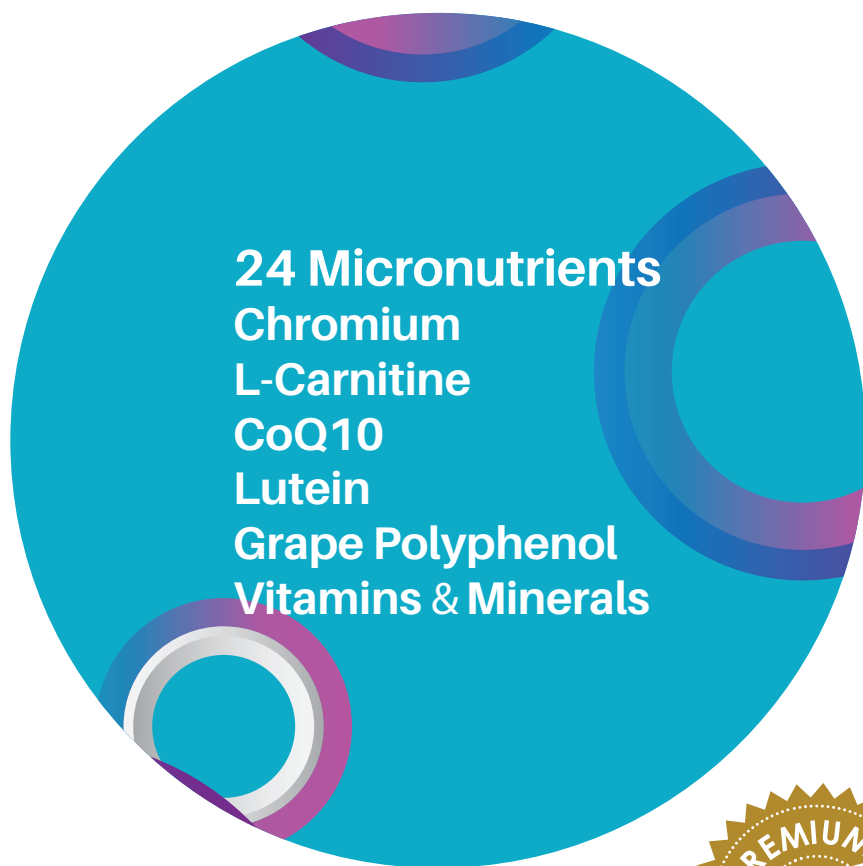


# DuraLife

## Diabetic Support Formula

Dietary Supplement

**A First-of-Its-Kind Nutritional Formula**



**24 Micronutrients**  
Chromium  
L-Carnitine  
CoQ10  
Lutein  
Grape Polyphenol  
Vitamins & Minerals



**Nutritional Support for People  
with Prediabetes and Diabetes**

.Sugar Free .Gluten Free .Lactose Free .Yeast Free .Preservative Free

**30 F.C. Tablets**

# Enhance Well-Being of Adults With Diabetes

- 24 micronutrients in one tablet
- Safeguards daily intake of key micronutrients
- A balanced formula, developed by experts based on published nutritional research



**Supports Nerve Healthy Function**



**Helps Promote Normal blood Sugar Level**



**Boosts Immune System**



**Supports Normal Vision Health**



**Duralife Diabetic support formula is a general multivitamin and mineral food supplement specially formulated to be suitable to safeguard nutritional requirements of people with Diabetes & Pre-Diabetes. There is no need to take an additional multivitamin.**

## Supplement Facts

Serving Size: Tablet  
Servings Per Container: 30

Ingredients	Amount Per Serving	%Daily Value*
Vitamin A	912 µg (3040IU)	100
Vitamin D	15 µg (600IU)	75
Vitamin E	20 mgTE (30IU)	133
Vitamin C	120 mg	133
Vitamin B1 (Thiamine)	30 mg	2500
Vitamin B2 (Riboflavin)	5 mg	385
Vitamin B3 (Niacin)	30 mg	188
Vitamin B5 (Pantothenic Acid)	10 mg	200
Vitamin B6 (Pyridoxine)	10 mg	588
Vitamin B7 (Biotin)	200 µg	667
Folate	1360 µg DFE (800 µg Folic Acid)	340
Vitamin B12 (Cyanocobalamin)	24 µg	1000
Magnesium	100 mg	24
Iron (as Ferrous Fumarate)	8 mg	44
Zinc (as Zinc Oxide)	15 mg	136
Copper	800 µg	89
Manganese	2 mg	87
Selenium	100 µg	182
Chromium	160 µg	457
Iodine	100 µg	67
L- Carnitine	50 mg	**
Lutein	2.5 mg	**
CoQ10	20 mg	**
Grape Polyphenol	20 mg	**

\*Daily Value based on New Nutrition and Supplement Facts Labels (FDA 2020)

\*\*Daily Value not established

Excipients: Microcrystalline Cellulose, Croscarmellose Sodium, Silicon Dioxide, Magnesium Stearate, Opadry

# Specially Formulated Nutritional Support for People with Diabetes & Pre-Diabetes

## Co-Q10

- Improve blood pressure and long-term glycaemic control.

## L- Carnitine

- Beneficial effect on whole body glucose utilization.

## Vitamin B12:

- Low vitamin-B12 levels are associated with a high level of body fat.

## Grape Polyphenol

- Prevention and management of diabetes and related complications.

## Lutein

- Beneficial effects on the visual function.

## Zinc

- Restores immunological functions.

## Iodine

- Improves blood glucose levels.

## Magnesium

- Ameliorates insulin resistance.

## Vitamin D

- Play a role in insulin signaling.

## Vitamin B6:

- Improve glycogen metabolism.

## Selenium

- Amends oxidative stress.

## Iron

- Modulates glucose metabolism.

## Chromium

- Improves insulin sensitivity. Contributes to the maintenance of normal blood glucose levels.

A balanced diet is always at the base of good health, and DuraLife Diabetic support formula is one-a-day source of 24 essential nutrients including Chromium and B Vitamins. Designed to be comprehensive, its special formulation means there's no need to take another multivitamin. There is no maximum length of time over which it may be used.

DuraLife Diabetic support formula is a vitamin and mineral supplement and should never be used in place of prescribed diets or medication. It is important that blood sugar levels are regularly monitored.

## Dosing and Administration

one tablet once daily with the main meal and a full glass of water.

### Contraindications:

Epilepsy, Haemochromatosis or Hypersensitivity to any component of the formulation.

### Pregnancy and breast-feeding:

The benefits and risks of use should be assessed on an individual basis. Vitamins and minerals are present in breast milk. For more information, refer to individual vitamins and minerals monographs for requirements during pregnancy and while breast feeding.

### Warning and Precautions:

Avoid prescribing more than the recommended amount.

Food supplements must not replace a varied and balanced diet and a healthy lifestyle.

### Storage:

Store at room temperature and keep away from light and moisture. Keep out of the reach and sight of children.

### RX Code:



### Reference:

1. Khodavidipour A, Haddadi F, Keshavarzi S. Chromium supplementation; negotiation with diabetes mellitus, hyperlipidemia and depression. *Journal of Diabetes & Metabolic Disorders*. 2020 Jun;19(1):585-95./2. Dubey P, Thakur V, Chattopadhyay M. Role of minerals and trace elements in diabetes and insulin resistance. *Nutrients*. 2020 Jun;12(6):1864./3. Zhang PC, Wu CR, Wang ZL, Wang LY, Han Y, Sun SL, Li QS, Ma L. Effect of lutein supplementation on visual function in nonproliferative diabetic retinopathy. *Asia Pacific journal of clinical nutrition*. 2017 Jan;26(3):406-11./4. Rodriguez-Morán M, Guerrero-Romero F. Oral magnesium supplementation improves insulin sensitivity and metabolic control in type 2 diabetic subjects: a randomized double-blind controlled trial. *Diabetes care*. 2003 Apr 1;26(4):1147-52./5. Hodgson JM, Watts GF, Playford DA, Burke V, Croft KD. Coenzyme Q 10 improves blood pressure and glycaemic control: a controlled trial in subjects with type 2 diabetes. *European journal of clinical nutrition*. 2002 Nov;56(11):1137-42./6. Balbi ME, Tonin FS, Mendes AM, Borba HH, Wiens A, Fernandez-Llimos F, Pontarolo R. Antioxidant effects of vitamins in type 2 diabetes: a meta-analysis of randomized controlled trials. *Diabetology & metabolic syndrome*. 2018 Dec;10(1):1-2./7. Rasines-Perea Z, Teissedre PL. Grape polyphenols' effects in human cardiovascular diseases and diabetes. *Molecules*. 2017 Jan;22(1):68./8. Bene J, Hadzsiev K, Melegh B. Role of carnitine and its derivatives in the development and management of type 2 diabetes. *Nutrition & diabetes*. 2018 Mar 7;8(1):1-0./9. Shen Q, Pierce JD. Supplementation of coenzyme Q10 among patients with type 2 diabetes mellitus. *In-Healthcare* 2015 Jun (Vol. 3, No. 2, pp. 296-309). Multidisciplinary Digital Publishing Institute./10. Suksomboon N, Poolsup N, Yuwanakorn A. Systematic review and meta-analysis of the efficacy and safety of chromium supplementation in diabetes. *Journal of clinical pharmacy and therapeutics*. 2014 Jun;39(3):292-306.