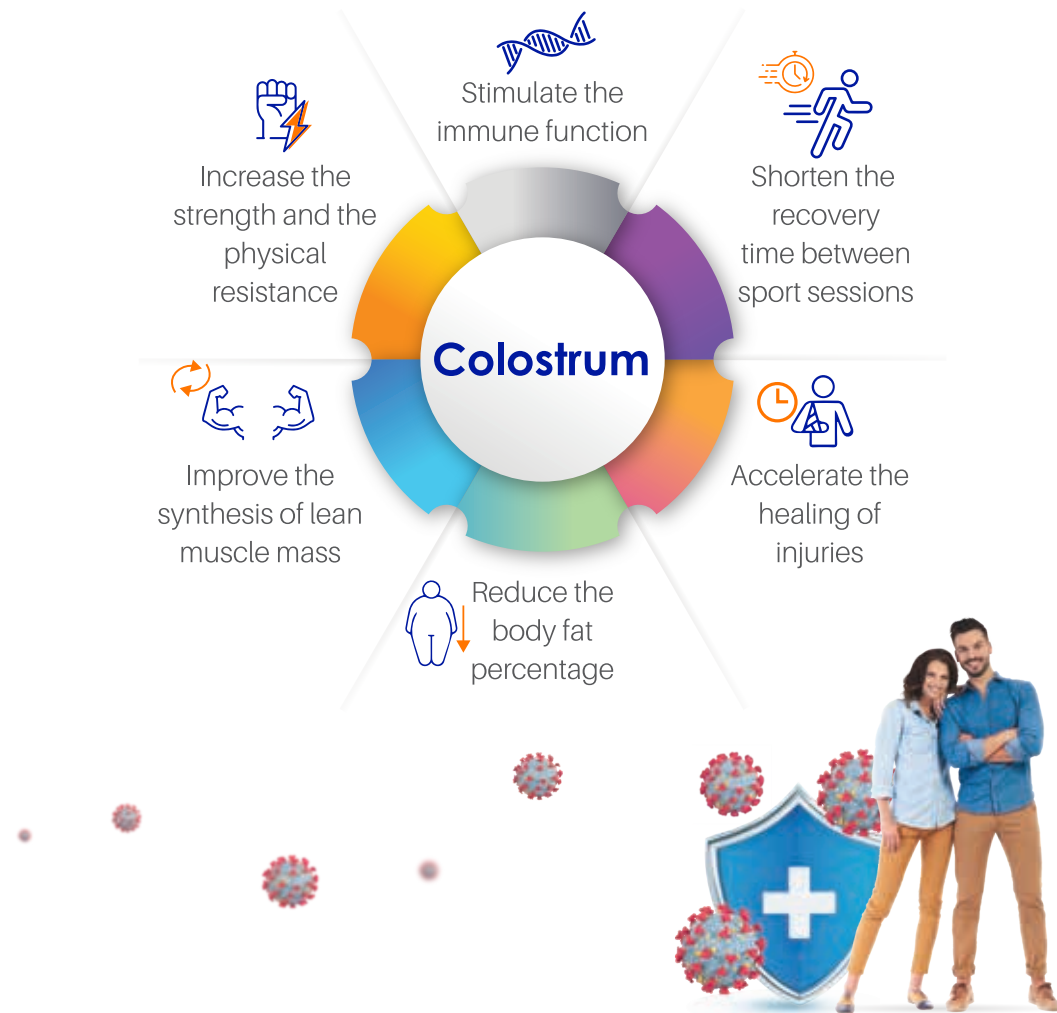


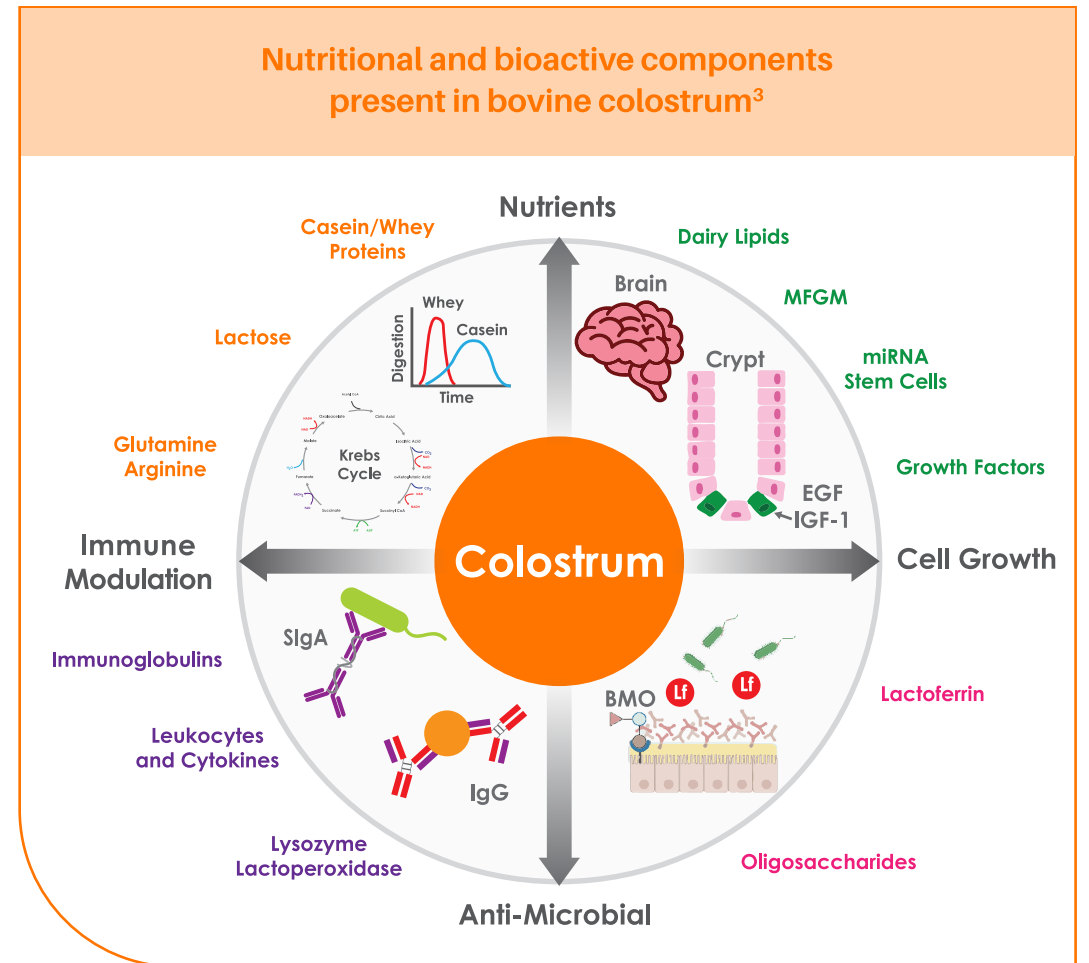
Benefits of colostrum for athletes

OctaHeal Colostrum allows maximum training by increasing the efficiency of the digestive system to supply amino acids and other factors to vital organs. The combination of decreased illness and increased nutrient uptake results in reduced downtime for training.



OCTAHEAL Colostrum

Bovine colostrum (BC) is the initial mammary secretion after parturition, which is nature's bountiful source consisting of nutritional and bioactive components present in a highly concentrated low-volume format. Bovine colostrum has been used for human consumption due to the high concentrations of bioactive proteins, vitamins, minerals, growth factors, as well as free and conjugated oligosaccharides¹.



Solution for Healthy Life

"Global Cow Colostrum Food Market Predicts 6.4% Annual Growth to 2030"².

OCTA HEAL

Colostrum 500mg



30% IgG

60 Capsules

- Supports Immune System
- Supports Overall Health



Dosing and Administration⁴:

One capsule daily before meal with a glass of water.

Indications:

- Supports Nutrition & Performance enhancement
- Supports healthy digestion & immune system function
- Assists uptake & metabolism of necessary nutrients
- Supports balanced gut bacteria

Contraindications⁴:

- Hypersensitivity to colostrum or any component of formulation.
- Individuals allergic to dairy product

Pregnancy & Breastfeeding⁴:

The risk or benefit to the mother and infant should be considered.

Warnings & Precautions⁴:

Use with caution in people with diabetes, immune system disorder (e.g., Crohn's disease, myasthenia gravis, multiple sclerosis, rheumatoid arthritis, systemic lupus erythematosus, HIV/AIDS, etc.), cancer history.

Drug Interactions⁴:

Caution should be taken in concomitant use with anticoagulants, such as heparin or warfarin and antiplatelets, such as aspirin, clopidogrel or ticlopidine.

Side Effects⁴:

Colostrum is generally considered safe, though it may cause Allergy reactions, Pruritus, Nausea, Diarrhea in high doses.



Rx Code: 86432

Reference:

1.Kaplan M, Arslan A, Duman H, et al. Production of Bovine Colostrum for Human Consumption to Improve Health. Front Pharmacol. 2022; 12:796824. Published 2022 Jan 3. doi:10.3389/fphar.2021.796824 2.Poonia A, Shiva. "Bioactive compounds, nutritional profile and health benefits of colostrum: a review." Food Production, Processing and Nutrition vol. 4,1 (2022): 26. doi:10.1186/s43014-022-00104-1 3.Sangild PT, Vonderohe C, Melendez Hebib V, Burrin DG. Potential Benefits of Bovine Colostrum in Pediatric Nutrition and Health. Nutrients. 2021; 13(8):2551. https://doi.org/10.3390/nu13082551 4.colostrum monograph/Healthcanada/2023